

3. Practical

Total Marks: 100
External Marks: 70
Internal Marks: 30
Credits: 6
Pass Percentage: 40%

List of Practical (Based on Paper 1 & 2)

1. Visiting an old aged home & interacting with old people to know their problems & possible solution.
2. Familiarly instructions of old aged home.
3. Mobility problem, vision, problem, depression, recovery from illness, communication problems, bone-weakness.

4. Emergency, First Aid and enabling caregivers

Total Marks: 100
External Marks: 70
Internal Marks: 30
Credits: 6
Pass Percentage: 40%

Unit 1: Recognizing & responding to Emergencies. Respond to emergencies/accidents, threats and situation of danger, other emergency situations, Immobility in severely disabled/critically ill persons including pain management.

Unit 2: How to administer medicines, appropriately and on time Care and prepare first aid kit for fever, loss of consciousness, bleeding, choking, drowning, when breathing stops, breathlessness, nasal bleeding, hypothermia, hyperpyrexia, dehydration, high altitude sickness, foreign body obstruction, seizure, sprain/ fracture, shock, burn, sun-stroke, suffocation and Sterilization articles. etc. Giving first aid for burns, poisoning, snake stings and bites etc. CPR, Diabetes and low blood sugar.

Unit 3: Counseling-individual/group/family, networking skills for referral purpose and management of community resources and empowering families, early signs of caregivers' distress, coping with stress & need for Support of the Care givers developing positive attitude, Leadership, Importance of interpersonal relationship,