

1. Environment, Health and Disability

Total Marks: 100

External Marks: 70

Internal Marks: 30

Credits: 6

Pass Percentage: 40%

Unit 1: Safe, Healthy and Stimulating Environment: Develop general concept of care giving, Keep the workplace clean & tidy, Check/maintain tools/ equipment safely, Minimize/ control noise/ air/ water/ soil pollution, Change decoration of the environment, Dispose wastages, Keep sharp instrument/ medicine/ chemicals out of reach of the patient.

Unit 2: Introduction to Common Human Diseases: Familiarize with common cold, nutrition deficiency disorders, diarrhea, tuberculosis, hepatitis, hypertension, rabies, worms, HIV /AIDS, measles, pneumonia, diabetes, jaundice.

Unit 3: Introduction to disability: Disease, impairment, Disability, handicap, Types of Disability and their characteristics: Mental Retardation, Autism, Cerebral palsy, Multiple Disabilities, Visual Impairment (Blindness & Low Vision), Hearing Impairment Locomotor Disability, Leprosy Cure, Mental illness

2. Nutrition and Meal Management

Total Marks: 100

External Marks: 70

Internal Marks: 30

Credits: 6

Pass Percentage: 40%

Unit 1: Maintain food hygiene, Prepare feeding schedules, Maintain food quality, Provide safe drinking water, Prepare meal, Calculate ingredients for soft food (diet), Feed patient Manage need based specific diet,(diabetes) , Prepare liquid diet.

Unit 2: Emotional and social development: Definition, factors of emotional & social development during Infancy & Childhood, common childhood emotions, role of family & School in socialisation of child.

Unit 3: Speech and Play Development: Importance of speech & play development, factors affecting language development. Tasks how children learn to speak, Importance of selection of suitable toys and play material for the child, Common play activities for the child.